## WORLD IMMUNIZATION DAY

World Immunization Day is celebrated every year on November 10. This day is dedicated to educate community about the importance of getting timely vaccinations against vaccine preventable diseases.

Immunization makes one immune or resistant to an infectious disease, through vaccine. Vaccination protects children and adults from life threatening diseases. It also reduces the spread of disease in the society. Vaccines stimulate the body's own immune system to protect the person against subsequent infection or disease. Vaccination does not require any major lifestyle change. Immunization is one of the most cost-effective health investments. Covid-19 pandemic has highlighted the role of vaccination in disease control.

As a part of world immunization day, in collaboration with the public health department, Department of Community Medicine, Malabar Medical College Hospital & Research center (MMCH&RC) conducted an Immunization and vaccine awareness program at Oravil Anganwadi, Ulliyeri on 12/11/2021 under the guidance of Dr Pratibha Dabas, Professor & HOD, Community Medicine, MMCH & RC. The program was coordinated by Dr Krishnaraj, Assistant Professor, Ms. Anusree, MSW, and Mr Praveen, Health inspector at Community Medicine department, MMCH & RC.

## **Program Objectives:**

- To raise awareness about the critical importance of full immunization throughout life
- To highlight the many ways in which vaccines enable us to live healthy, productive lives by preventing the spread of vaccine-preventable diseases
- To build solidarity and trust in vaccination as a public good that saves lives and protects health

## **Program components:**

- Awareness talk by Dr Sindhu, Medical Officer, CHC, Ulliyeri
- Awareness talk by Dr Krishnaraj, Assistant Professor, Community Medicine department, MMCH
- Immunization awareness skit by Community Medicine house surgeons (Dr. Jijo Mohan, Dr. Sreelakshmi, Dr. Femina, Dr. Fasal, Dr. Vyshna)
- Talk by Mrs. Anusree, Medico social Worker, Community Medicine department, MMCH
- Talk by Anganwadi teachers at Orovil Anganwadi
- Display and explanation about the importance of vaccination through pictures and charts

Program was attended by 50 local villagers, staff of CHC, Ulliyeri and fourth semester MBBS students of MMCH&RC.









