

REPORT OF WORLD ENVIRONMENTAL HEALTH DAY - 26TH SEPTEMBER 2023

World Environmental Health Day programme was organized by **Sahasra Women Cell MMC and Student Union**. The programme started with a talk by Dr. P V Narayanan - Principal, where he emphasized about the motto of the **Standing up to protect everyone's health each and every day**. Dr. Sudha - Chairperson Sahasra Women Cell, MMC, spoke about environment and pollution. Dr Dinesh - Deputy Superintendent, spoke about how we should discourage the use of plastics. An awareness drive regarding minimizing the use of plastics was given by Dr. Swathi, Assistant Professor, Community Medicine.

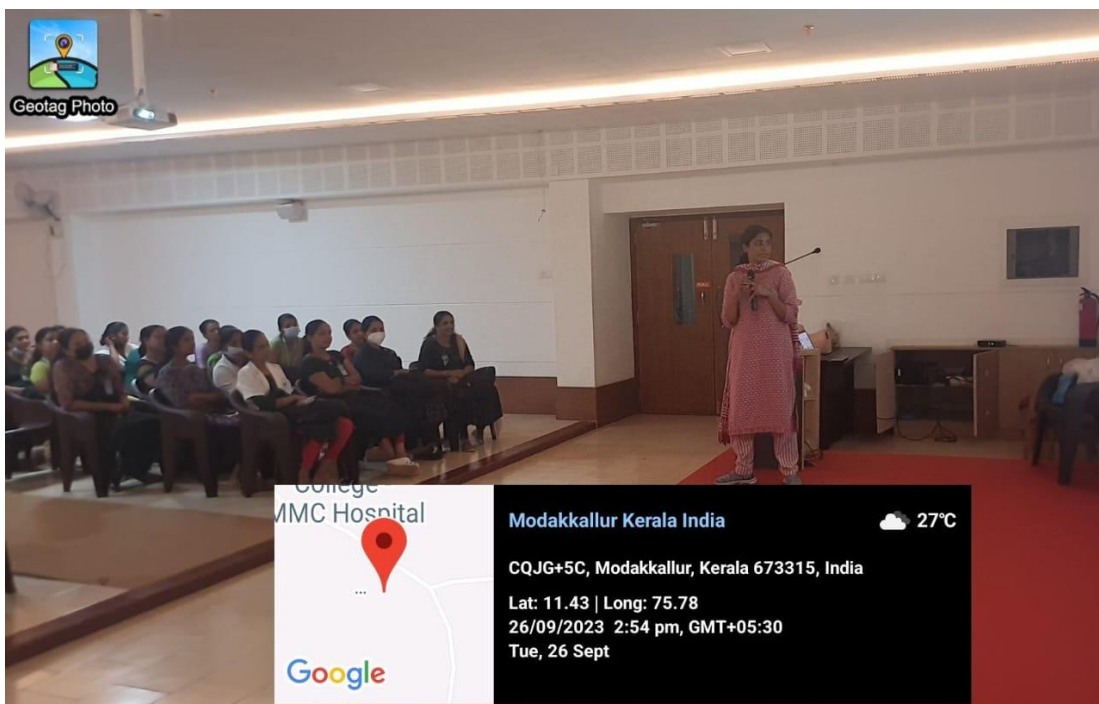




Herbal garden of the college was inaugurated by Dr. Sudha and Dr. Narayanan at 11:00 am at Academic Block- first floor. All the women club members actively took part in it.



Keeping in mind the motto of the day, a talk was given by Dr Ambika Assistant professor OBG, regarding menstrual hygiene and encouraging the use of menstrual cups and getting rid of sanitary napkins which are a big source of environmental waste. It was well attended by women cell members. A small activity was arranged to encourage more staff participation for such events.



Programme concluded by 3.30 pm.