

REPORT OF MENTAL HEALTH AWARENESS CLASS AT GVHSS PAYYOLI

15/09/2011

- A mental health awareness class was taken at GVHSS Payyoli by the Dept of Community Medicine Malabar Medical College under the guidance of Dr Pratibha Dabas (Prof. & HoD. Dept of Community Medicine, Malabar Medical College) and Dr Krishnaraj (Faculty in charge and Associate Professor, Dept of Community Medicine Malabar Medical College)
- The details are as follow
 - Date: 10/10/2023
 - Day Tuesday
 - Venue: GVHSS PAYYOLI
 - Topics: MENTAL HEALTH AWARENESS
 - Classes taken by: Dr Kanniyam Binoop(Deputy medical director)
 - Dr Krishnaraj(Associate professor Dept of community medicine)
 - Dr Aswini (PG community medicine)
 - Mr Praveen kumar(Health inspector)
- Mental health awareness class was taken for the students at GVHSS Payyoli. Introduction class was taken by Dr Kanniyam Binoop followed by Dr Krishnaraj on mental health and stress management. The session continued by Dr Aswini on risk concerning substance abuse. Vote of thanks was given by Mr Praveen Kumar.
- A skit raising the importance of mental health presented by members of Theeram Social Service Club and Agnitra students union council Malabar Medical College
- The session was very interactive with active participation from the students and they volunteered themselves to come forward and express their views on mental health.





