

FOUNDATION COURSE 2023-2024

Date	Day	9.00am – 1.00pm	12.30pm-1.30pm	1.30pm – 3.30pm	4.45pm – 6.30pm
10/10/23	Monday	9:00am- Introduction 9:30 am-11:00am- FC 1.1-Role of doctors in the society-students perspective- 45min Panel discussion- Dr. Raju, Dr. Sily, Dr. Divya, Dr. Asha, Dr. Shamim 11:00-11:30am- Tea break 11:30am-12.30pm FC 3.3-Health care systems in India Community medicine Orientation module- Dr Pratibha, HOD, Community Medicine	Lunch break	1.30-2.30pm Rules & Regulations of College - Dr. P V Narayanan (Principal) 2.30-3.30pm FC-4.14- –Self Directed Learning- Dr Geetha, HOD, Anatomy (Anatomy)	Sports and extra-curricular
10/10/23	Tuesday	9:00am-9:30 am- Reflection 9:30-10:30 - FC 3.4- Basic principles of community health (Dr.George P Jacob) 10:30-11:00am- Tea break 11:00 -12:00 pm FC-3.5, FC-3.6-Understanding structure and functioning of CHC-CM (Dr. Krishnaraj) 12:00-12:30: Log book completion (Dr. Sneha)		1:30-4:00pm Skill Module- First aid, hand wash & needle stick injury FC-2.2,2.5,2.6 Nurse Educator-Sindhu Sister (Physiology)	Sports and extra-curricular

11/10/23	Wednesday	<p>9:00am-9:30 am- Reflection</p> <p>9:30-10:30am - Introduction to family adoption-CM (Dr.Sobin Sunny)</p> <p>10:30-11:00am – Tea break</p> <p>11:00-12:30am- Immunisation programme (Dr.Remya)</p>	<p>1.30-4.00pm</p> <p>FC-2.3,2.4,2.7 - Universal precautions and biomedical waste management - Department of Microbiology</p> <p>(Biochemistry)</p>	<p>Sports and extra-curricular</p>
12/10/23	Thursday	<p>9:00am-9:30 am- Reflection</p> <p>9.30am - 10.30am - FC 4.7: Methods of stress management - Dr. Sinu sathian</p> <p>10.30-11.00am - Tea break</p> <p>11.00am - 11.45am FC-4.9-Appropriate ways of time management- Dr Varghese Thomas</p> <p>11.45am - 12.30pm FC-4.1: Role of mentoring - Dr.Ramidha V P</p>	<p>1.30 - 4pm</p> <p>FC4.1,4.2,4.3 : Ethics and professionalism- Dr. Thomas Mathew, HOD, Forensic Medicine</p> <p>(Anatomy)</p>	<p>Sports and extra-curricular</p>
13/10/23	Friday	<p>9:00am-9:30 am- Reflection</p> <p>9:30-10:30am -FC-2.9-Awareness of significance of documentation in patient care- Mrs Bina MRD Incharge</p> <p>10:30-11:00am - Tea break</p> <p>11:00am-12:00pm – How to make a good powerpoint presentation- Dr Anu, Asst Professor, Pharmacology</p> <p>12:00-12:30- Foundation course Log Book (Dr.Sily)</p>	<p>1.30-2.30pm</p> <p>FC 5.5: Accessing online resources- Mrs Anusha, Librarian</p> <p>FC1.1- Alternate systems of medicine- Dr Gopalakrishna, Anatomy</p> <p>(Physiology)</p>	
14/10/23	Saturday	<p>FC2.1-BLS- Dr Sudha -9:00am-12:30pm</p>	<p>FC2.1-BLS- Dr Sudha -1:30-3:30pm</p> <p>(Biochemistry)</p>	