



DEPARTMENT OF
COMMUNITY
MEDICINE

DEPARTMENT OF COMMUNITY MEDICINE
MALABAR MEDICAL COLLEGE HOSPITAL AND
RESEARCH CENTRE, KOZHIKODE, KERALA
PRESENTS



EPHAACON 2024
ENHANCING PUBLIC HEALTH ACUMEN

NATIONAL CONFERENCE

THEME:
"TB CHRONICLES -
LESSONS FROM THE PAST, INSIGHTS FOR THE FUTURE"

 Conference: 14th & 15th June 2024
VENUE: ACADEMIC BLOCK, MMCH & RC



MALABAR MEDICAL COLLEGE
HOSPITAL & RESEARCH CENTRE

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Dear Delegates,

**Greetings from the Department of Community Medicine,
MMCH and RC, Kozhikode.**

The theme of our conference “TB Chronicles” encapsulates the journey of Tuberculosis from historical accounts to contemporary challenges and triumphs. Delve with us into the narrative of TB across time, geography and communities, highlighting the struggles, advancements and hopes associated with combating this ancient yet persistent disease. Join us as we explore cutting-edge research, innovative interventions and effective strategies to combat Tuberculosis. Together, we can work towards a healthier, safer world for all.

With immense pleasure, we welcome you to the vibrant city of Kozhikode.

Regards,

Team EPHACON 2024

ORGANIZING COMMITTEE

Chief Patrons	: Mr. Anil Kumar V, Chairman : Dr. Sudha Anil, Secretary & Director of Medical Operations
Patron	: Dr. P V Narayanan, Principal
Organising Chairperson	: Dr. George P Jacob Prof. & HOD, Dept. of Community Medicine
Organising Secretaries	: Dr. Kanniyam Binub : Dr. Remya Ramachandran
Joint Secretaries	: Dr. Shilpa Karir : Dr. Krishnaraj J S
Treasurer	: Dr. Swathi C
Convenor	: Dr. Sobin Sunny
Joint Convenor	: Dr. Shakhy Vati
Scientific Committee Chairperson	: Dr. Roshni S S
Committee Members	: Ms. Drisya M : Dr. Rakesh Ramachandran : Dr. Aswini Navaratna Sasi : Dr. Anjusha V S : Dr. Nuziya Fathima : Mr. Praveen Kumar C K : Mrs. Anusree M M : Dr. Afthab Kassim : Dr. Akshara V Krishna : Dr. Rohith T R : Dr. Rahana Raj : Dr. Swetha Nirmal P : Mr. Manoj Kumar M : Ms. Anusree S R

CONFERENCE SCHEDULE

DAY 1 | 14 JUNE 2024

Time	Session	Resource Person
07:30 - 8:30 am	Registration and Breakfast	

WORKSHOP SESSION A - SAPPHIRE HALL

08:30 - 9.30 am	Operational Research (OR): What? Why? How?	Dr. Hemant D Shewade Scientist-E, Division of Health System Research, ICMR-National Institute of Epidemiology, Chennai
09:30 - 10:00 am	Framing a research question, rationale, study objectives.	Dr. Hemant D Shewade
10:00 - 10:30 am	Defining study participants, sample size calculation and sampling technique.	Dr. Akshaya K M NTEP, STF Chair (OR), Karnataka; Prof. & HOD, Community Medicine, Yenepoya Medical College, Mangaluru

10:30 - 10:45 am Tea break

10:45 - 11:15 am Inaugural session

11:15 - 11:45 am	Example of a good OR project	Dr. Akshaya K M
11:45 - 12:15 pm	Study designs	Dr. Akshaya K M
12:15 - 12:45 pm	Group work	Dr. Hemant D S and Dr. Akshaya K M
12:45 - 01:15 pm	Presentations and Discussion	Dr. Hemant D S and Dr. Akshaya K M

WORKSHOP SESSION B - MEU HALL

08:30 - 10:30 am	Chest X-Ray in respiratory infections of public health importance	Dr. Durga Balagopalan NTEP Nodal Officer Clinical; Associate Professor, Pulmonology, MMCH & RC, Kozhikode
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10:30 - 10:45 am Tea break

10:45 - 11:15 am Inaugural session

11:15 - 12:15 pm	Wet workshop on Truenat (Real time PCR system - WHO endorsed)	Molbio Diagnostics Pvt Ltd. Kerala team
12:15 - 01:15 pm	Interpretation of TB Diagnostic tests	Dr. Sanjeev Nair Chairman, ZTF for Medical Colleges, NTEP, South Zone II; Professor, Pulmonary Medicine, Govt. Medical College, Thrissur

01:15 - 02:00 pm Lunch

02:00 - 05:00 pm Oral and Poster Presentations



CONFERENCE SCHEDULE

DAY 2 | 15 JUNE 2024

Time	Session	Resource Person
07:30 - 08:30 am	Breakfast	
08:30 - 09:15 am	Tuberculosis: The re-emergence of a public health scourge	Dr. Navya J Thaikattil Assistant Director, Govt. Health Services; Former DTO, Kozhikode
09:15 - 10:15 am	The Past, Present and Future of the National Programme for TB	Dr. Navya J Thaikattil
10:15 - 10:30 am	Tea break	
10:30 - 11:45 am	Designing drug regimens for Tuberculosis	Dr. Sanjeev Nair
11:45 - 12:30 pm	Unusual TB Presentations	Dr. James P T Former ZTF Vice chair, South Zone II; Professor & HOD, Pulmonary Medicine, MMCH & RC, Kozhikode
12:30 - 01:10 pm	Lunch break	
01:10 - 02:00 pm	Recent advances in the Laboratory diagnosis of TB.	Dr. Anil Kumar Clinical Professor & HOD, Microbiology, Amrita Institute of Medical Sciences, Kochi
02:00 - 02:15 pm	Tobacco and Tuberculosis: The lethal duo	Dr. Muralidhar M K Professor, Community Medicine, KMC Manipal
02:15 - 03:00 pm	Managing adverse drug reactions in TB	Dr. Sanjeev Nair
03:00 - 04:00 pm	Tuberculosis Preventive Therapy	Dr. Anupkumar T N WHO NTEP Consultant, Kerala
04:00 - 04:30 pm	Valedictory function	
04:30 pm	Tea	

- Theme for Scientific Presentation: Communicable and Non-Communicable diseases of public health importance.
- Attractive prizes for best oral paper and poster presentation!!!

Note :
**Applied for
KSMC credit
hours.**

ABSTRACT SUBMISSION GUIDELINES

- ▲ Registration is mandatory to send the abstract.
- ▲ Each delegate is allowed to submit only one paper (oral or poster).
- ▲ Abstracts of the scientific presentations should be mailed to ephacon@mmchospital.in headed with subject matter 'EPHACON abstract' with preference of presentation (Oral or Poster).
- ▲ Word limit: 300 words
- ▲ Format: Title, Author, Background, Objectives, Methodology, Results Conclusion and Key words (3-5 words).
- ▲ The scientific committee will review the abstracts and finalise the mode of presentation.
- ▲ The accepted abstracts and the mode of presentation along with guidelines will be intimated to the presenters by email.

For more information contact:

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2. Dr. Nuziya Fathima : +91 9847 473 811

Email: ephacon@mmchospital.in

SCAN TO REGISTER



REGISTRATION LINK:

<https://surl.li/sgxna>

REGISTRATION FEE

Designation	Early bird	Late Reg.	Spot*
Faculty/SR's	₹ 3200/-	₹ 3500/-	₹ 3800/-
Postgraduates	₹ 2800/-	₹ 3200/-	₹ 3500/-
Undergraduates	Day 1**	₹ 500/-	₹ 700/-
	Day 1 & 2	₹ 1000/-	₹ 1200/-

*Delegates Kit will be provided based on availability.

**Delegates kit won't be provided for undergraduates who register for only Day 1. Soft copy of souvenir will be provided.

PAYMENT DETAILS

Account Name : SREE ANJANEYA MEDICAL TRUST

Account Number : 0038053000022415

IFSC : SIBL0000038

Bank & Branch : THE SOUTH INDIAN BANK,
KOZHIKODE MAIN

UPI id : qr.mmchosp@sib

SCAN TO PAY



DATES TO REMEMBER:

- ▲ Last date for abstract submission: 07th May 2024
- ▲ Closure of early bird registration: 15th May 2024
- ▲ Closure of late registration: 10th June 2024



HOTEL YASH INTERNATIONAL CALICUT

Mavoor Road Junction, Thazhekkod,
Kozhikode
Ph: 0495 401 1444
Railway station: 3.0 km
Malabar Medical College: 26 km

ALHIND CALICUT TOWER

Indira Gandhi Road. Opposite
New Bus Stand, Kozhikode
Ph: 0495 402 3305
Railway Station: 2.4 km
Malabar Medical College: 22 km



HYSON HERITAGE

Bank Road, Mavoor Road,
Tazhekkod, Kozhikode
Ph: 0495 408 1000
Railway Station: 2.5 km
Malabar Medical College: 22 km

BLUE MERIDIAN

Modakkallur, Kozhikode
Ph: +91 8078 800 028
Railway Station: 23 km
Malabar Medical College: 160 m



THE RAVIZ CALICUT

RP Mall, Mavoor Road, Kozhikode
Ph: 0495 222 1111
Railway station: 2.5 km
Malabar Medical College: 22 km

DIMORA CALICUT

Apollo Dimora Calicut, Thodayad
Bypass, Near Cyber Park, Nellikode
Ph: 0495 666 5333
Railway Station: 7.2 km
Malabar Medical College: 24.5 km



EPHACON – DETAILS OF HOTELS FOR ACCOMMODATION



KPM TRIPENTA HOTEL

Sarovaram Biopark Road,
Mini Bypass Road, Calicut
Ph: +91 6235 996 607
Railway Station: 4.2 km
Malabar Medical College: 21 km

**THE GATEWAY HOTEL
BEACH ROAD, CALICUT**

P.T Usha Road, Kozhikode
Ph: 0495 661 3000
Railway Station: 2.3 km
Malabar Medical College: 25 km



THE RAVIZ KADAV KOZHIKODE

NH17 Calicut Bypass Road,
Azhinjilam
Ph: 0495 241 1111
Railway Station: 13 km
Malabar Medical College: 30 km

LE CANDLES RESORT

East Malayamma Post NIT
Ph: +91 9517 888 555
Railway Station: 24 km
Malabar Medical College: 34 km



PARK RESIDENCY

Palayam, Kozhikode
Ph: 0495 272 3319
Railway Station: 1 km
Malabar Medical College: 24 km

KB RESIDENCY

Mini Bypass Road
Opp. Aster MIMS Hospital
Ph: +91 8111 940 807
Railway Station: 3.2 km
Malabar Medical College: 24 km



EPHACON – DETAILS OF HOTELS FOR ACCOMMODATION



TREBO TREND CASINO

Near District Court, Kozhikode
Ph: +91 9322 800 100
Railway Station: 1.4 km
Malabar Medical College: 25 km

NEXSTAY KASSABA INN

Puthiyara Road, Kozhikode
Ph: +91 8089 405 333
Railway Station: 2 km
Malabar Medical College: 24 km



NEXSTAY TREATS INN

Bilathikulam Road, Kozhikode
Ph: 0495 485 5819
Railway Station: 4 km
Malabar Medical College: 20 km

NEXSTAY ASMA TOWER

Mavoor road, opposite to Kalyan,
Arayidathupalam
Ph: +91 9562 197 770
Railway Station: 3 km
Malabar Medical College: 23 km



ATHENS INN

Opp. to Nalanda Hospital, Ulliyeri
Ph: +91 7510 793 535
Railway Station: 26 km
Malabar Medical College: 3.1 km

KINGS CALICUT

MM Ali Road G Tower
Ph: +91 7025 668 800
Railway Station: 1.1 km
Malabar Medical College: 24 km



More details available from www.booking.com



KAPPAD BEACH

Interesting sights here include a rocky headland that stretches into the sea. Portuguese explorer, Vasco Da Gama, is claimed to have landed on this Kappad beach.

DISTANCE

From MMC – 12 km

From Kozhikode Town – 19 km

KOZHIKODE BEACH

Kozhikode Beach is the personification of the numerous characteristics that make Kozhikode so unique. You are greeted by a majestic lighthouse and two piers opening into the sea. Both have been here for over a hundred years.

DISTANCE

From MMC– 24 km

From Kozhikode Town – 3.8 km



VAYALADA VIEW POINT

Known as the Gavi of Malabar, Vayalada is a mesmerizing hilltop destination located near Balusseri in Kozhikode district. Like the famous hill station of Gavi at Pathanamthitta, Vayalada has a nip in the air, with mist and greenery all around.

DISTANCE

From MMC– 23 km

From Kozhikode Town– 40 km

KARIYATHUMPARA

Ooty of Malabar– a nature-blessed destination boasting numerous natural water springs and naturally formed water pools. The pebbled river, pine trees, and towering mountains greatly enhance the beauty of Kariyathumpara.

DISTANCE

From MMC– 27 km

From Kozhikode Town – 49 km





MANANCHIRA SQUARE

A 3.49 acres man-made freshwater pond park situated in the centre of the city of Kozhikode town. Mananchira was built as a bathing pool by the Zamorin Mana Vikrama, the feudal ruler of Kozhikode in around the 14th century.

DISTANCE

From MMC- 25 km

From Kozhikode Town – 1 km

SM STREET (MITHAI THERUVU)

The legendary Sweet Meat Street or Mithai Theruvu is the go-to place for such delicacies in Kozhikode district. Named from the times when the street was lined with sweet-meat (halwa) stalls.

DISTANCE

From MMC – 26 km

From Kozhikode Town – 2.8 km



HILITE MALL

With a built-up area of 12.6 lakhs, it houses more than 200 Local, National and International brands. A vibrant, young and happening place, the mall offers everything good in the world of fashion, food, and entertainment for the discerning shoppers.

DISTANCE

From MMC- 26 km;

From Kozhikode Town – 7.5 km

TALI TEMPLE

One of the oldest temples in Kozhikode. The founding and prosperity of Kozhikode city is closely linked with the sanctity of this ancient temple. It is a treasure house with numerous deities and beautiful built.

DISTANCE

From MMC – 24 km

From Kozhikode Town – 1.4 km





SARGAALAYA KERALA ARTS & CRAFTS VILLAGE

an initiative by the Department of Tourism, Government of Kerala. The Village is a craft cluster that was conceptualized as a tourism destination, developed and implemented on the Responsible Tourism model.

DISTANCE

From MMC- 30 km

From Kozhikode Town- 45 km

THUSHARAGIRI WATERFALLS

Caressed in the folds of the Western Ghats is this picturesque waterfall. The Thusharagiri Waterfalls comprises Erattumukku, Mazhavil Chattom, and Thumbithullum Para which can be reached through trekking.

DISTANCE

From MMC- 42 km

From Kozhikode Town -51 km



ARIPPARA WATERFALLS

The mighty Iruvanji river cascades down the rocky hills to form the gorgeous Arrippara waterfalls. This is an eight-level waterfall with Sullukallu, Vattakkuzhi, Nirannapara, Olichuchaatom, Shwasakkuzhi and Neelakkayatha-daakam as its companions.

DISTANCE

from MMC- 44 km;

from Kozhikode Town- 43 km

KAKKAYAM DAM

Kakkayam is on the outskirts of the Western Ghats, and Malabar Wildlife Sanctuary, a 7,421-hectare abode of wild animals including elephants and bisons. Kakkayam has an abundant wildlife population and is also a trekking and rock climbing destination.

DISTANCE

From MMC- 43 km

From Kozhikode Town - 64 km





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