

Dr. Sandeep Sreedharan graduated from JJM Medical College, Davangere in the year 2000. With a keen interest in research, he pursued masters in Human Genetics from Sri Ramachandra University, Chennai in the year 2003. He then joined the Madras Diabetes Research Foundation (MRDF), Chennai and continued his research in the molecular genetic aspects of type 2 diabetes under the guidance of Padma Shri Dr V Mohan. In 2004, he was selected for Post-Doctoral Fellowship training at the University of Texas South-Western Medical Centre, Dallas, where he was involved in research projects related to insulin resistance, obesity and diabetes susceptibility in migrant South Asians.

In 2008, after completion of his research fellowship in Diabetology at MDRF, he joined Amrita Institute of Medical Sciences Kochi for residency in General Medicine, and went on to complete residency in Nephrology in 2015. He then joined as a faculty at the department of Nephrology, as assistant professor and he was promoted as Associate Professor in Nephrology in 2021. Dr Sandeep joined Malabar Medical College & Research Centre in the year 2023 where he serves as a senior consultant Nephrologist and renal transplant physician and is actively involved in patient care, teaching, research and public outreach activities

Dr Sandeep Sreedharan has always been an avid researcher and is one of the few medical doctors in India with a master's degree in Human Genetics. Under the guidance of the legendary Padma Shri Dr V Mohan, Dr Sandeep did extensive research in the genetic aspects of type 2 diabetes and insulin resistance in South Indians. As a part of his Post-Doctoral Fellowship training at Centre for Human Nutrition, Department of Internal Medicine, University of Texas South-western Medical Centre, Dallas he continued his research on

diabetes and obesity in South Asians in compared to other ethnic groups. The research included molecular genetic studies and the complex euglycemic hyperinsulinemic clamp studies, which were done under the mentorship of Dr Manisha Chandalia and Dr Nicola Abate, professors at the UTSW Medical Centre, Dallas.

Dr Sandeep is one of the co-authors of the first ICMR-WHO atlas of Diabetes in India and has published articles in several highly rated international journals. He was also awarded the ICMR Senior Research Fellowship for the project titled ICMR Young Diabetes Registry at The Madras Diabetes Research Foundation, Chennai for the years 2006-2008. He also won the Young Investigator award by API Kerala Chapter in 2011, IMJ KMJ Research Award in 2011 and NAK award for free paper presentation in 2014. In 2022, he was awarded the fellowship of the prestigious American Society of Nephrology (FASN)

He has also co-authored chapters in several textbooks.