

Balusseri Taluk health fitness camp

Date: 8/1/2022

Time: 10:00AM-2:00PM

Location: Balusseri

Guide – Dr Pratibha Dabas, Professor & HOD,
Department of Community Medicine

Coordinator: Dr. Remya

Asst. Professor, Department of Community Medicine
MBBS,MD

Team :

- Dr.Anuprasad
- Dr.Anupama
- Dr.Anto Sam
- Dr.Rajeswari
- Dr.Revathi
- Mr.Praveen (Health Inspector Community Medicine)
- Mrs.Anusree M M (MSW)

Objectives

- To screen for lifestyle diseases by assessing Body Mass Index, Blood Pressure, GRBS
- Provide free medication
- Health Education about prevention of lifestyle diseases

Report

The program was conducted by Kathir social welfare committee under care of MMC hospital and V Trust Hospital. It started with introductory speech by Anita VK, president of balusseri grama panchayat, followed by presidential address by Rupa Lakha, president of balusseri grama panchayat. Health fitness and lifestyle diseases speech was given by Mr Praveen and facilitation speech was given by PRO of V Trust Hospital.

Dr Anu Prasad gave health education on prevention of Diabetes mellitus and other Lifestyle diseases.

Camp statistics:

- Total number of patient attended = 76
- Total number of patients with BP >140/90 mm hg=60
- Total number of patients with grbs 110 and above =10
- Total number of patients with grbs more than 200 = 1
- Total number of patient who is under treatment of diabetes mellitus with medication is 4
- Total number of GRBS test done= 36
- Total number of referral =11



INTRODUCTORY SPEECH BY Mrs.ANITHA V K (PRESIDENT OF BALLUSSERY GRAMA PANCHAYATH)



PRESIDENTIAL ADDRESS BY Mrs.ROOPALEKHA (PRESIDENT OF BALLUSSERY GRAMA PANCHAYATH)



HEALTH FITNESS OPENING SPEECH BY Mr.PRAVEEN (HEALTH INSPECTOR, MALABAR MEDICAL COLLEGE)



SPEECH ON DIABETES MELLITUS & OTHER LIFESTYLE DISEASE BY Dr.ANUPRASAD



BMI & BP MONITORING



CONSULTATION



GRBS



CONSULTATION



MEDICINE DISTRIBUTION

