

## MALABAR MEDICAL COLLEGE HOSPITAL & RESEARCH CENTER

Modakkallur, Kozhikode, 673323

Department of Biochemistry

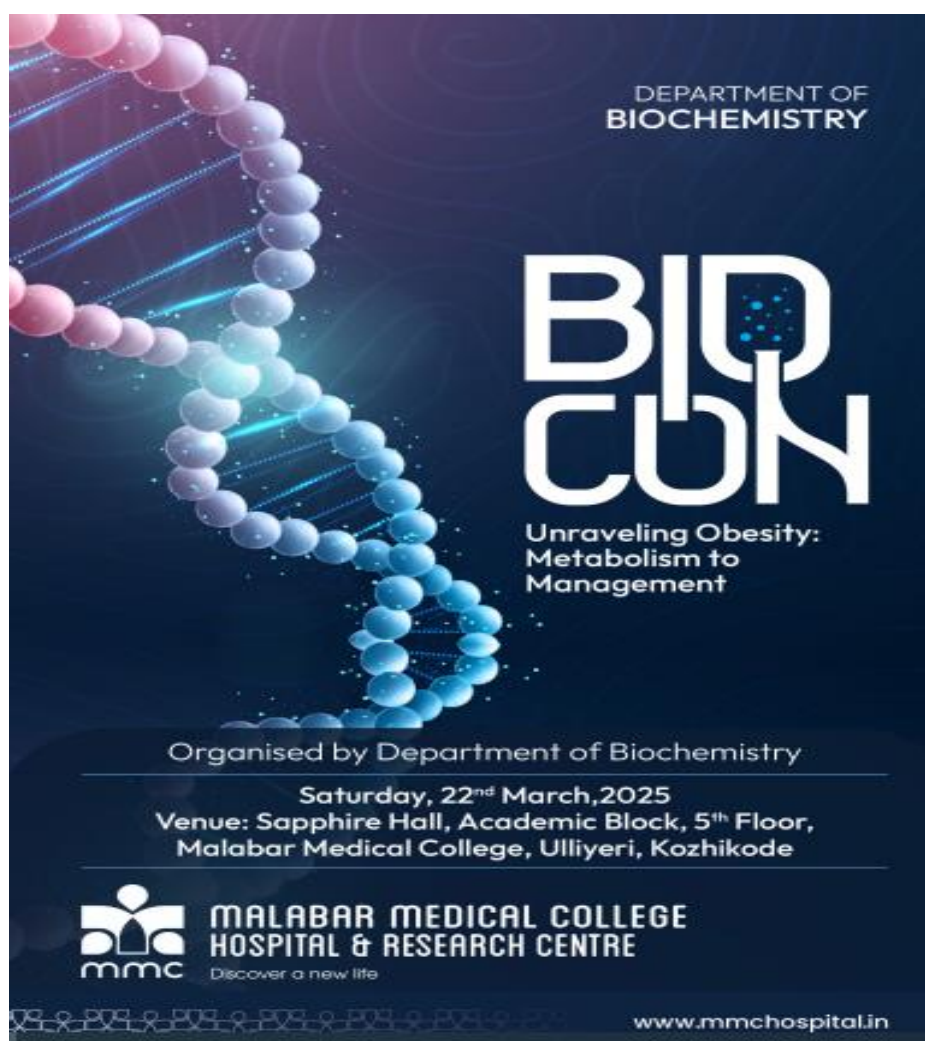
BIOCON; Unraveling Obesity

Venue& Date: 22<sup>nd</sup> of MARCH 2025

Sapphire Hall, Vallil Chatukutty Memorial Academic Block

MMC Campus

BIOCON, organized by Department of Biochemistry, Malabar Medical College Hospital & Research Center, Ulliyeri, Kozhikode, was conducted on 22<sup>nd</sup> March 2025. This conference was awarded two credit hours by Kerala State Medical Council (KSMC) vide letter No. c6/3474/2025/MC/CME. The CME was attended by in-house faculty, guest faculty and medical students (UG &PG). This program was made possible by the able guidance, support and blessing of Mr. Anil Kumar Vallil (Chairman of MMCH & RC), Dr. Narayanan P.V (Principal) and Dr. Sudha Anil (Secretary).



The program was inaugurated by Dr. Shivaraj Gowda, Professor, PIMS at 9.00 AM with his talk on Markers in Obesity.



This was followed by the second talk by the Speaker of national renown- Dr. Kannan Vaidyanathan, Professor & HOD, Believe Church. He spoke on -Biochemical Aspects and Genetics of Obesity.



It was followed by the inaugural ceremony which was held after the prayer song by Dr. Revathy Nair 2<sup>ND</sup> year PG in Biochemistry. Lamp lighting ceremony was conducted by dignitaries- Mr. Anil Kumar Vallil, Dr. Narayan P. V, Dr. Sudha Anil, Dr. Rebeca Abraham and also by the faculties of Biochemistry Department- Dr. H.S. Virupaksha, Dr. Sneha Henry & Dr. Shyam Krishnan. Welcome address was given by Dr. Sneha Henry, and Presidential address was given by Dr. H.S. Virupaksha, HOD, Department of Biochemistry. Following the felicitation of dignitaries, a report was given on the sister ventures of BIOCON CME that is- "Heathy Bowl" a food competition and "Bioriddle" a UG Quiz programme. Vote of thanks was delivered by Dr. Shyam Krishnan, following the inaugural program the participants took a break for tea.



It was followed by a talk on Pediatric Obesity by Prof. Babu Francis. This was followed by Medical Management of Obesity by Dr. Varun Raghavan.



Post lunch, the first session was by Dr. Mahesh Rajagopal, a Bariatric Surgeon and it was conducted by health talk by Sr. Dietician Ms. Asha Prabeesh and Ms. Vismaya. The CME concluded with valedictory ceremony.



MC for the CME were MS. Varna E.M and Dr. Ashwati, Organizing Chairman, Dr. H.S. Virupaksha, Co-Secretary, Dr. Shyamkrishnan, Joint Secretaries- Dr. Jasla C and Dr. Divya P, Treasurer- Ms. Neethu, Dr. Hasna, contact persons- Ms. Varna & Ms. Prajitha, supporting staff- Mrs. Kavitha, Mrs. Shiny and Mr. Subhash.



The key points of this CME was that it was a multispecialty approach on obesity and video recording of Bariatric Surgery were shown. The Quiz program conducted the day before was attended by UG students of 6 different Medical Colleges, including MMC.

The CME was a success according to the feedback from delegates and faculty. The signed certificates were handed out to the delegates only after the conclusion of the session.

Dr. Sneha Henry, Professor  
Organization Secretary, BIOCON 2025.